

Guidelines: Playing Tennis During COVID-19

Prior to Play:

- All court usage must be booked online in advance. Drop-ins and guests are not allowed.
- Play with persons living in your household if possible.
- Arrive as close as possible to the game start time.
- Avoid touching court gates, fences, net posts, the net tape, benches, etc.
- Avoid touching your face, nose, and mouth with unwashed hands.
- Wash your hands often with soap and water for at least 15 seconds. If soap and water are not available, use a hand sanitizer.
- Clean and wipe down your equipment, including racquets and water bottles. Do not share racquets or any other equipment such as wristbands, grips, hats, and towels.
- Bring a full water bottle.
- Bring tennis balls with distinct numbers or identify your balls with a marker in order to differentiate them and only handle balls that belong to you.
- Maintain physical distancing at all times. Consider wearing a mask when physical distancing cannot be maintained, such as while waiting to enter the court.
- If you need to sneeze or cough, do so into a tissue or upper sleeve.

While Playing:

- Keep a 2-metre distance with other players.
- Doubles may be played. It is recommended that doubles partners are from the same household or social bubble.
- Use only tennis balls that have been brought with your specific numbering or identifying marker and only handle balls that belong to you. Do not touch any other balls or equipment.
- Avoid all physical contact, for example, shaking hands with other players.
- Avoid touching your face as much as possible.
- Do not meet the other player at the net.
- Stay on your side of the court.
- Keep your distance from other players when retrieving tennis balls.
- Cross at opposite sides of the net during change of side.

After Play:

- Wash your hands carefully with water and disinfectant soap or with hand sanitizer.
- No access to the clubhouse, which is currently closed for members.
- Leave the court and facilities immediately after you finish playing. No hanging around.
- Properly dispose of any garbage.

General:

- Stay at home when you are ill.
- The following screening questionnaire is available on the Toronto COVID-19 site under Workplaces: <https://www.toronto.ca/wp-content/uploads/2020/05/95f0-Survey-Screening-poster-TPH.pdf>
- Practice physical distancing and maintain a 2-metre distance from others when at a community tennis club.
- Respect any provincial Emergency Orders that prohibit social gatherings of a certain size, including when at a tennis club.

