

# Guidelines: Playing Tennis During COVID-19

## Prior to Play:

- 🔔 All court usage must be booked online in advance. Drop-ins and guests are not allowed.
- 🔔 Play with persons living in your household if possible.
- 🔔 Arrive as close as possible to the game start time.
- 🔔 Avoid touching court gates, fences, net posts, the net tape, benches, etc.
- 🔔 Avoid touching your face, nose, and mouth with unwashed hands.
- 🔔 Wash your hands often with soap and water for at least 15 seconds. If soap and water are not available, use a hand sanitizer.
- 🔔 Clean and wipe down your equipment, including racquets and water bottles. Do not share racquets or any other equipment such as wristbands, grips, hats, and towels.
- 🔔 Bring a full water bottle.
- 🔔 Maintain physical distancing at all times. Cloth masks and face covers can be used when physical distancing is difficult to maintain, such as while waiting to enter the court.
- 🔔 If you need to sneeze or cough, do so into a tissue or upper sleeve.

## While Playing:

- 🔔 Keep a 2-metre distance with other players.
- 🔔 Doubles may be played. It is recommended that doubles partners are from the same household or social bubble.
- 🔔 Avoid all physical contact, for example, shaking hands with other players.
- 🔔 Avoid touching your face as much as possible.
- 🔔 Do not meet the other player at the net.
- 🔔 Stay on your side of the court.
- 🔔 Keep your distance from other players when retrieving tennis balls.
- 🔔 Cross at opposite sides of the net during change of side.

## After Play:

- 🔔 Wash your hands carefully with water and disinfectant soap or with hand sanitizer.
- 🔔 No access to the clubhouse, which is currently closed for members.

## General:

- 🔔 Stay at home when you are ill.
- 🔔 The following screening questionnaire is available on the Toronto COVID-19 site under Workplaces: <https://www.toronto.ca/wp-content/uploads/2020/05/95f0-Survey-Screening-poster-TPH.pdf>
- 🔔 Practice physical distancing and maintain a 2-metre distance from others when at a community tennis club.
- 🔔 Respect any provincial Emergency Orders that prohibit social gatherings of a certain size, including when at a tennis club.

